Medicaid Health Plans (MHPs)

Medicaid Health Plans cover medical services not included in the service array for mental health and substance use disorders offered through the Region 10 Prepaid Inpatient Health Plan and its member Community Mental Health centers. For a list of medical services, see Chapter 11 in your Customer Handbook. The MHPs that serve the Region 10 PIHP are:

Blue Cross Complete www.mibluecrosscomplete.com	800-228-8554
HAP www.hap.org	800 422-4641
McLaren Health Plan www.mclarenhealthplan.org	888-327-0671
Meridian Health Plan www.mimeridian.com	888-773-2647
Molina Healthcare www.molinahealthcare.com	888-449-6848
United HealthCare www.uhccommunityplan.com	800-903-5253

Substance Use Disorder Services



By: Ruth H. Sanilac County

Substance Use Disorder Services for Residents of Genesee, Lapeer, Sanilac, and St. Clair Counties



Region 10 PIHP 2186 Water St. Port Huron, MI 48060 www.region10pihp.org

Access to Services 24-hours a day/7-days a week

Phone: (888) 225-4447 Lapeer, Sanilac, and St. Clair Counties

Phone: (877) 346-3648 Genesee County

Mission Statement

Promoting opportunities for Recovery, Discovery, Health, and Independence for individuals receiving services through ease of access, high quality of care and best value.

Vision Statement

Foster an improved quality of life for the individuals and families we serve by facilitating equal access to superior, integrated, trauma-informed supports and services, designed to promote choice and responsibility which are tailored to the strengths and needs of each individual.

Provide hope, by recognizing and respecting each individual's unique self and their choices in pursuit of their life goals.

Promote efforts to reduce stigma by empowering families and communities to learn, support, respect, and advocate for individuals recovering from behavioral health including substance use disorders, and physical health challenges.

Utilize innovative, evidence-based, person-centered practices that provide positive outcomes and a high quality of life that includes integration and involvement in one's community. Effectively plan, evaluate, and monitor a flexible system which is fiscally accountable.

Demand a high standard of excellence in the management and delivery of services. Support a network which includes experiential, knowledgeable and dedicated and caring staff promoting synergy among stakeholders by embracing collaborative efforts.

Maintain the community partnerships and relationships established long ago and recognize how those partnerships serve the community at large.

Website Resources

American Psychological Association www.apa.org

ARC/Michigan www.arcmi.org

Association for Children's Mental Health www.acmh-mi.org

Internet Mental Health www.mentalhealth.com

Medline Plus Health Information www.medlineplus.gov

Mental Health Net www.mentalhelp.net

Michigan Department of Health and Human Services www.michigan.gov/mdhhs

Michigan Directory of Service Providers for Infants, Toddlers, and Students with Disabilities www.cenmi.org

Michigan Disability Rights Coalition www.mydrc.org

Michigan Protection & Advocacy Services, Inc. www.mpas.org

National Association of the Mentally III www.nami.org

National Suicide Prevention Lifeline www.suicidepreventionlifeline.org

Substance Abuse and Mental Health Service Administration www.samhsa.gov

Community Resources Continued

McLaren Hospital - Lapeer Region 1375 N. Main St., Lapeer, MI (810) 667-5500

McLaren Hospital - Port Huron 1221 Pine Grove Ave., Port Huron, MI (810) 987-5000

Michigan Region Narcotics Anonymous (800) 230-4085 http://michigan-na.org

Mid-City Nutrition Soup Kitchen St. Martin Lutheran Church 805 Chestnut St., Port Huron, MI (810) 982-9261

My Brother's Keeper 101 N. Grand Traverse St., Flint, MI (810) 234-1163

One Stop Housing Resource Center 505 W. Court St., Flint, MI (810) 600-4525

Renewal Christian Counseling Center 3847 Pine Grove Ave., St B, Fort Gratiot, MI (810) 966-0099

St. Clair County Child Abuse/Neglect Council 1107 Military St., Port Huron, MI (810) 966-9911

St. John River District Hospital 4100 River Road, East China, MI (810) 329-7111

Substance Abuse Group McLaren-Lapeer Region 1375 N. Main, Lapeer, MI (810) 667-5500

Support Group for Families of Alcohol or Drug Abusers Sandusky (810) 648-4172

Survivors of Suicide (S.O.S.) Support Group (810) 966-7830

YWCA Greater Flint 801 S. Saginaw St., Flint, MI (810) 238-7233

Values

Treat all people with dignity, respect, fairness, and equality with an expectation of growth, development, recovery, and discovery.

Be sensitive to the diverse cultural, ethnic, and spiritual needs of the individuals we serve.

Provide person-centered and personalized services that ensure seamless coordination of care.

Communicate clearly and concisely in the language of the individuals we serve.

Innovatively and creatively develop better methods of supporting and serving individuals.

Be responsible stewards, practicing both fiscal and performance accountability to all stakeholders.

Develop partnerships with and among all stakeholders.

Encourage teamwork and participation among everyone affiliated with the agency, recognizing that creative insight into improving how we serve, and support people may originate at any level, both within and without the agency.

Embrace continuous improvement, monitoring, and when necessary, modifying, policies, procedures, and practices.

Create and maintain a healthy, safe, and productive work environment that promotes effective communication, advances innovation, and rewards exemplary performance.

Provider Organizations for Substance Use Disorder Services

This booklet includes a list of organizations in our area that provide services for substance use disorders - and what services they are licensed to provide. This information can also be found on the Region 10 website at www.region10pihp.org. You may choose the provider you prefer.

Some services, such as intensive outpatient, methadone, subacute detox and residential, require a referral and may have waiting lists. For definitions of outpatient, intensive outpatient, methadone, sub-acute detox, and residential services, see page 38-39 in the Customer Handbook. Definitions of prevention and women's specialty services follow:

Prevention Services include efforts:

- To make communities better able to reduce the number of people with substance use disorders;
- To make communities better able to provide services for substance use disorders:
- To educate the community about substance use disorders; and
- To identify people who may be likely to develop a substance use disorder and refer them to a program for education, such as assistance programs for students or employees and education programs for those caught driving under the influence.

Women's Specialty Services refers to substance use disorder treatment programs for women who are pregnant, who have children, or women working toward regaining custody of their children. The programs include primary medical treatment, childcare, referral to primary pediatric care, and other therapeutic interventions for mother and child, such as issues of relationships, sexual and physical abuse, parenting, and developmental issues. The services include case management and transportation.

Family & Friends Support Group (mental health/substance use)
Lapeer County CMH (810) 667-0500

Families Against Narcotics (FAN)

- Genesee County (810) 410-6010
- Lapeer Area (810) 728-2033
- Blue Water Area Port Huron (810) 434-8687
- Sanilac County (810) 728-2033

Genesee County Community Action Resource Department (GCCARD)

601 N. Saginaw St., Suite 1B, Flint, MI (810) 232-2185

Harbor Oaks Hospital 35031 - 23 Mile Road, New Baltimore, MI (855) 900-8436

Lake Huron Medical Center 2601 Electric Ave., Port Huron, MI (810) 216-1500

Lakeshore Legal Aid (888) 783-8190

Legal Hotline for Michigan Seniors (800) 347-5297

Legal Services of Eastern Michigan (800) 322-4512

Marlette Regional Hospital 2770 Main Street, Marlette, MI (989) 635-4000

McKenzie Health System 120 N. Delaware St., Sandusky, MI (810) 648-3770

McLaren Hospital - Flint 401 S. Ballenger Hwy., Flint, MI (810) 342-2000

Community Resources

Below is a sample of resources that residents of the Region 10 PIHP service area who use SUD services may find helpful.

AIDS Partnership Michigan Wellness Services - Thumb Area (810) 232-0888

ALANON/ALATEEN/Alcoholics Anonymous (810) 234-0815

Alcoholics Anonymous

- Flint Area Unity Council Hotline: (810) 234-0815 www.geneseecountyaa.org
- Greater Port Huron Area of Michigan AA (810) 987-8884 www.aadistrict23.org
- Sanilac County Hotline
 24 Hour Hotline: (989) 670-4994 www.aa-semi.org

Blue Water Center for Independent Living 1042 Griswold St., Port Huron, MI (810) 987-9337

Blue Water Safe Horizons
Women's Shelter/Counseling
St. Clair County Crisis Line: (888) 985-5538

Carriage Town Ministries 605 Garland St., Flint, MI (810) 233-8787

Community Enterprises

- Port Huron
 1033 26th St., Port Huron, MI (810) 982-3261
- River District 1000 Degurse, Marine City, MI (810) 765-3300

Deckerville Community Hospital 3559 Pine St., Deckerville, MI (810) 376-2835

Domestic Violence Support Group LACADA Outreach — Lapeer, MI (810) 667-4175

Lapeer County Services

Catholic Charities Southeast Michigan - Lapeer 700 South Main St. Suite 211 Lapeer, MI 48446 Phone: (810) 664-4646

Services: Outpatient, Prevention.

Lapeer County Health Department - AICC
1800 Imlay City Rd.
Lapeer, MI 48446
Phone: (810) 667-0243
Services: Outpatient, Women's Specialty,
PreventionServices, Coordinated Treatment,
Case Management.

Sanilac County Services

Sanilac County Health Department -Sanilac County Counseling Services 171 Dawson, Sandusky, MI 48471 Phone: (810) 648-4098 Services: Outpatient Prevention Services, Coordinated Treatment.

LIST Psychological
443 N. State Street.
Caro, MI 48723
Phone: (989) 673-5700
Services: Outpatient, Substance Use interactive
Group Psychotherapy.

St. Clair County Services

Catholic Charities of Southeast Michigan Port Huron

2601 - 13th St., Port Huron, MI 48060 Phone: (810) 987-9100

Services: Prevention Services, Outpatient, Intensive Outpatient & Coordinated Treatment.

I.M.P.A.C.T. (Center for Human Resources) Port Huron

1001 Military St.
Port Huron, MI 48060
Phone: (810) 985-5437
Services: Prevention Services.

Sacred Heart Rehabilitation Center—Algonac

555 St. Clair River Dr. Algonac, MI 48001 Phone: (810) 987-1258

Services: Outpatient, Intensive Outpatient, Coordinated Treatment, Recovery Coach, Case Management.

Region 10 PIHP's Partners

Genesee Health System 420 West Fifth Ave., Flint, MI 48503 Phone: (810) 257-3705 Website: www.genhs.org

Executive Director: Danis Russell drussell@genhs.org

Lapeer County Community Mental Health 1570 Suncrest Drive, Lapeer, MI 48446 Phone/TTY: (810) 667-0500 Website: www.lapeercmh.org

CEO: Lauren Emmons lemmons@lapeercmh.org

Sanilac County Community Mental Health 227 E. Sanilac Ave., Sandusky, MI 48471 Phone: (810) 648-0330

Website: www.sanilaccmh.org

CEO: Wil Morris wmorris@sanilaccmh.org

St. Clair County Community Mental Health 3111 Electric Avenue Port Huron, MI 48060

Phone: (810) 985-8900 Website: <u>www.scccmh.org</u>

Executive Director: Debra Johnson djohnson@scccmh.org

About Region 10 PIHP

Region 10 Prepaid Inpatient Health Plan (PIHP) manages the Medicaid services for mental health disorders for Genesee Health System, Lapeer County Community Mental Health, Sanilac County Community Mental Health and St. Clair County Community Mental Health. Region 10 PIHP also manages public services for sub- stance use disorders.

Below, please find key contact information for Region 10 PIHP.

Substance Use Disorder Services



2186 Water St. Port Huron, MI 48060 Phone: (810) 966-3399

Region 10 PIHP CEO: Jim Johnson

johnson@region10pihp.org

Regional Rights Katherine Forbes

forbes@region10pihp.org Advisor:

Chief Clinical Officer: Dr. Thomas Seilheimer

seilheimer@region10pihp.org

(888) 225-4447 • Lapeer, Sanilac, **Access Centers:**

St. Clair Counties

(877) 346-3648 • Genesee County

www.region10pihp.org Website:

Sacred Heart Rehabilitation Center - Port Huron 1406 8th St.

> Port Huron, MI 48060 (810) 987-1258

Services: Intensive Outpatient, Recovery Coach, Case Management, Women's Specialty Services, Recovery Housing, Coordinated Treatment.

Genesee County Services

BIOMED Behavioral Healthcare P.C.

1044 Gilbert Rd. Flint, MI 48532

Phone: (810) 733-7623

Services: Outpatient, Methadone, Intensive Outpatient, Recovery Coach.

Catholic Charities of Shiawassee &

Genesee Counties 901 Chippewa St. Flint, MI 48053 Phone: (810) 232-9950

Services: Outpatient, Case Management, Early Intervention, Women's Specialty Services, Prevention Services, Recovery Coach, Brief

Intervention.

Genesee County Services Continued

Community Programs, Inc. / d.b.a. Meridian Health Services 1289-D S. Linden Rd. Flint, MI 48532

Phone: (810) 620-7501

Services: Outpatient, Early Interventions, Intensive Outpatient

Flint Odyssey House

(Multiple locations)
529 Martin Luther King Ave.
Flint, MI 48502

Phone: (810) 238-7226

Services: Outpatient, Recovery Housing, Early Intervention, Intensive Outpatient, Women's Specialty Services, Residential, Brief Intervention, Prevention Services, Coordinated Treatment, Case Management

Genesee Community Health Center

420 W. 5th Ave. Flint, MI48503

Phone: (810) 496-5777

Services: Recovery Coach, Naloxone.

Genesee County Health Department

630 S. Saginaw St. Suite 4 Flint, MI 48503 Phone: (810) 257-3612

Services: Prevention Services

Boysville of Michigan d.b.a. Holy Cross Services

G5300 Flushing Rd. Suite 250

Flint, MI 48504 Phone: (810) 249-9924

Services: Outpatient, Case Management, Early Intervention, Recovery Coach Notes:



Regional Services Continued

Sacred Heart Rehabilitation Center

Madison Heights
28303 Dequindre Rd.
Madison Heights, MI 48071
Phone: (248) 658-1116
Services: Outpatient, Intensive
Outpatient, Methadone.

<u>Richmond</u>

400 Stoddard Rd. Richmond, MI 48062 Phone: (810) 392-2167 s: Outpatient, Methadon

Services: Outpatient, Methadone, Case Management, Intensive Outpatient, Coordinated Treatment, Women's Specialty Services,

Recovery Coach, Residential, Sub-Acute Detoxification.

New Haven

58144 Gratiot, New Haven, MI 48048
Phone: (810) 392-2167
Services: Outpatient, Case Management,
Intensive Outpatient, Recovery Coach,
Coordinated Treatment.

Berrien Center
6418 Dean Hill Rd.
Berrien Center, MI 49102
Phone: (269) 815-5500
Services: Recovery Coach,
Residential, Sub-Acute
Detoxification.

Boysville of Michigan d.b.a Holy Cross Services

8212 N. Jennings Rd. Mt. Morris, MI 48458 Phone: (810) 687-5100 Services: Residential, Sub-Acute Detoxification.

> New Paths 765 East Hamilton Ave. Flint, MI 48505 Phone: (810) 233-5340

Services: Recovery Housing, Outpatient, Case Management, Early Intervention, Intensive Outpatient, Recovery Coach, Residential, Partial Hospitalization/Day Treatment, Brief Intervention.

New Paths

931 Martin Luther King Ave. Flint, MI 48503

Phone: (810) 233-6463

Services: Recovery Housing, Outpatient, Case Management, Early Intervention, Intensive Outpatient, Recovery Coach, Residential, Partial Hospitalization/Day Treatment, Brief Intervention.

Genesee County Services Continued

Great Lakes Recovery Mission (4 locations in Flint) 427 W. Fourth Ave. Flint, MI 48503 Phone: (810) 275-2690 Services: Recovery Housing

Sacred Heart Rehabilitation Center
2091 Professional Dr., Ste. D
Flint, MI 48532
Phone: (810) 732-1652
Services: Methadone, Outpatient,
Intensive Outpatient, Women's Specialty
Services, Recovery Coach, Integrated
Treatment, Partial Hospitalization/Day

Treatment.

Regional Services

BIOMED Behavioral Healthcare, PC
Roseville
31581 Gratiot Ave.
Roseville, MI 48066
Phone: (586) 783-4802

Services: Methadone, Outpatient, Recovery Coach.

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Boysville of Michigan d.b.a Holy Cross Services

3400 S. Washington Rd.
Saginaw, MI 48601
Phone: (989) 755-1072
Services: Case Management,
Residential, Sub-Acute Detoxification,
Integrated Treatment.

1321 S. Fayette St. Saginaw, MI 48602 Phone: (989) 792-8000 Services: Residential.

Lansing
3410 Old Lansing Rd.
Lansing, MI 48917
Phone: (517) 657-2980
Services: Residential, Sub-Acute Detoxification.

Community Programs, Inc. d.b.a. Meridian Health Services 1255 N. Oakland Blvd. Waterford, MI 48327 Phone: (248) 406-0090 Services: Sub-Acute Detox, Residential, Coordinated Treatment.

Hope Network

Alternative Community Living, Inc., d.b.a.
Hope Network – New Passages
70 Lafayette St.
Pontiac, MI 48342
Phone: (248) 338-7513
Services: Prevention Services.

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