



By: Tara K. Sanilac County

Sanilac County Community Mental Health's Offices:

Located at:
 227 East Sanilac Road
 Sandusky, Michigan 48471

(810) 648-0330 Voice
 (810) 648-4327 TTY

Access to Services
 24-hours a day/7days a week
 (888) 225-4447
 TTY (888) 225-1973

**Sanilac County
 Community Mental Health**

member of the Region 10 PIHP

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 Sandusky, Michigan 48471

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Sanilac County CMH Mission Statement

Our mission:

Enhancing Lives, Promoting
Independence, Embracing Recovery

Sanilac County CMH Vision Statement

The Vision behind the Mission:

Sanilac Mental Health values its place as a respected leader among behavioral health organizations recognized for:

- Compassionate personalized supports and services for the people we serve and our partners in the community
- Innovative and cost-effective treatment options designed to produce positive outcomes
- Recipient rights, advocacy and implementation of mental health treatment that promotes human dignity, respects choice, and recognizes the potential in everyone we serve
- Services that promote healthy individuals, families and communities
- Maintaining a quality work environment that fosters professional growth and mutual support
- Continuous efforts to reduce the stigma associated with mental illness and developmental disabilities and to promote community integration
- Providing active outreach and support as an integral part of Sanilac County's community-wide system of care

Notes



Website Resources

American Psychological Association

www.apa.org

ARC/Michigan

www.arcmi.org

Association for Children's Mental Health

www.acmh-mi.org

Internet Mental Health

www.mentalhealth.com

MedLine Plus Health Information

www.nlm.nih.gov/medlineplus

Mental Health Net

www.mentalhelp.net

Michigan Department of Community Health

www.michigan.gov/mdch

Michigan Directory of Service Providers for Infants, Toddlers, and Students with Disabilities

www.cenmi.org

Michigan Disability Rights Coalition

www.copower.org/mdrc/MDRC.htm

Michigan Protection & Advocacy Services, Inc.

www.mpas.org/HomePage.asp

National Association of the Mentally Ill

www.nami.org

National Suicide Prevention Lifeline

www.suicidepreventionlifeline.org

Parents Guide to Obtaining Mental Health Services for Children in Michigan:

www.acmh-mi.org/ParentGuide6-05.pdf

Substance Abuse and Mental Health Service Administration

www.samhsa.gov

Sanilac County Community Mental Health

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(810) 648-0330 (Voice) (810) 648-4327 (TTY)

Executive Director: Jim Johnson

jjohnson@sanilacmh.org

Medical Director: Dr. John Mitchell

jcmitchell@sanilacmh.org

Recipient Rights Officer: Julie Adams

(810) 648-0330 jadams@sanilacmh.org

Website: www.sanilacmh.org

CRISIS LINE: (888) 225-4447

Medicaid Health Plans (MHPs)

Medicaid Health Plans cover medical services not included in the service array for mental health and substance use disorders offered in Sanilac County. For a list of medical services, see Chapter 9 in your Customer Handbook. The MHPs that serve Sanilac County are:

McLaren Health Plan..... 888-327-0671
Member Services 810-733-9710

Meridian Health Plan 888-437-0606
Member Services 313-324-3700

United Healthcare Great Lakes
Health Plan..... 800-903-5253
Member Services 248-559-5656

Community Resources

Below is a sample of resources that residents of Sanilac County who use CMH services may find helpful.

Agoraphobics in Motion (248) 547-0400

Alcohol and Drug Recovery Group - Marlette, MI
(989) 635-2400

Alzheimer's Association (800) 337-3827

Alzheimer's Support Group (810) 648-4497

Anger Management Support Group
(810) 648-4098

Arthritis Support Group (989) 635-4500

Autism Society of Michigan (800) 223-6722

Blue Water Center for Independent Living
103 East Sanilac, Sandusky, MI
(810) 648-2555

Community Enterprises - Port Huron
1033 - 26th St., Port Huron, MI (810) 982-3261

Deckerville Community Hospital
3559 Pine St., Deckerville, MI (810) 376-2835

Department of Human Services (810) 648-4420

Epilepsy Center of Michigan (800) 377-6226

Human Development Commission
227 N. Elk St., Sandusky, MI (810) 648-4497

Legal Aid (800) 883-0113

Community Resources

Legal Hotline for Michigan Seniors (800) 347-5297

Legal Services of Eastern Michigan (800) 322-4512

Living Lightly Alumni Support Group (Diabetes)
(989) 635-4348

Marlette Regional Hospital
2770 Main Street, Marlette, MI (989) 635-4000

McKenzie Health System
120 N. Delaware St., Sandusky, MI (810) 648-3770

Michigan Employment Security Commission
(800) 638-3994

Michigan Protection & Advocacy (800) 288-5923

National Alliance for the Mentally Ill (NAMI)
(810) 331-4264

Sanilac County Health Department
171 Dawson Street, Sandusky, MI (810) 648-4098

Support Group for Families of Alcohol or Drug Abusers - Sandusky (810) 648-4172

Survivors of Suicide (S.O.S.) Support Group
(810) 966-7830

Thumb Area Michigan Works - Sanilac County
575 W. Sanilac St., Sandusky, MI (810) 648-5800

United Cerebral Palsy Association
(248) 557-5070

Wheelchair Users Support Group
(810) 385-5052