Region 10 Genesee • Lapeer • Sanilac • St. Clair Counties

GROUP MEETING: SUD Oversight Policy Board

PLACE: Lapeer County Health Department

1800 Imlay Rd., Lapeer, MI 48446

DATE: July 11, 2017

TIME: 3:30 p.m.

PRESIDING: Wanda Cole, Chairman

Present: Todd Anglebrandt, Ryan Ashley, Ken Briggs, Cheryl Clark, Wanda Cole, Denise Foote, Gary

Jones, Deborah O'Brien, Ed Rieves, Kimberly Shewmaker, Jeff Stoner

Absent: None

Also Present: Kim Prowse, Region 10 SUD Director; Lisa Coleman, Region 10 Administrative Coordinator;

Athena Haddon, Region 10 Administrative Coordinator; Danielle Stolicker, Region 10

Administrative Coordinator, Lydia Kern, Region 10 Secretary

1. CALL TO ORDER

The July11, 2017 Region 10 SUD Oversight Policy Board meeting was called to order at 3:30 pm by Chairman Cole.

2. ADDITIONS / DELETIONS / CHANGES TO THE AGENDA

- A. Add Item 5.A. PA2 Balance / 2017 Allocation
- B. Removed: Current Budget Update
- C. Removed: FY18 Proposed State Budget
- D. Add Item 9.C. SUD Conference
- E. Add Item 9.D. August Meetings

Moved by Ms. Foote, supported by Ms. Shewmaker to approve the revised agenda as presented. Passed by voice vote. **MOTION CARRIED**.

3. CITIZENS WISHING TO ADDRESS THE BOARD

None

4. PRESENTATION OF PREVIOUS MEETING MINUTES

Corrections to June's meeting minutes noted:

Pg. 3, Item 8.C., fourth line; <u>receive c copy</u> should be: <u>receive a copy</u>.

Pg. 2, continuation of Item 4., third line; revisited at the July 13, should be: revisited at the July 11,.

Pg. 2, Item 5., third line; <u>Mr. Ryan</u> should be: <u>Mr. Ashley</u>.

Pg. 2, Item 5,, second paragraph, first line and Mr. Jones should be: and Mr. Ashley.

Moved by Ms. Foote, supported by Mr. Rieves to approve the June 13, 2017 meeting minutes of the Region 10 SUD Oversight Policy Board with the noted corrections. Passed by voice vote. **MOTION CARRIED**.

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5. GHS – PA2 FOLLOW-UP DISCUSSION

Key points from the July meeting were discussed. Mrs. Prowse will follow-up with GHS for further clarification and item will be revisited at the next SUD Board Meeting.

A. PA2 Balance / 2017 Allocations

Mrs. Prowse provided the PA2 Budget Outline for Region 10 which shows the balances that carried forward from 2016. The 2017 Anticipated Allocations shown are listed on the treasury website. They are not necessarily guaranteed, but they are generally pretty accurate on what we would receive for the year. Listed next are the 2017 Anticipated Expenses and Anticipated Balance at FY17 Year End. Genesee is about \$2.5 million and St. Clair is about \$2.2 million in PA2 dollars.

6. BUDGET

There was no monthly update form from Richard Carpenter to review this month. It will be reviewed at the next meeting or emailed out as an information item. There are no concerns and currently the Region is on target for spending.

A. Updated PIHP/SUD Allocation Letter

Mrs. Prowse referenced the Updated PIHP/SUD Allocation Letter that was received from the Department in response to the RFI's that were submitted and approved. The PIHP had submitted for three out of the four RFI's. Funding is as follows: Community Grant (Treatment) an increase of \$360,000; Prevention an increase of \$250,000. Overall, a \$610,000 increase in the allocation that will be received for specific services as outlined in the RFI/RFP's. There were no other changes in the letter aside from the funding amounts.

B. FY18 Rates for Treatment

Contracts for FY18 are being developed and Mrs. Prowse wanted to provide the Board with the Max Rate Sheet which is used in the development of the contracts. The rates have not changed for this fiscal year and is not new information. Sometimes actual cost of services as provided in the cost summary the providers give us is lower than our max rate, and is what the provider would be paid. The PIHP is unable to pay a provider more than what their actual cost is. Service codes listed on the sheet is a full list of service codes the PIHP currently contracts for.

C. FY18 Anticipated Prevention Allocations

Ms. Stolicker spoke on the handout provided which are the Anticipated Allocations for Prevention. FY17 Contract amounts were used for anticipated allocations for FY18. Some of the numbers for local community grants and PA2 dollars are yet to be determined as well as the STR Grant which the Region has not received the allocation funding letter yet. It does give a good indication for the budgets for each provider.

Mrs. Prowse stated that finalized data will be provided to the Board at the September meeting including the final provider contracts which will then be presented to the Region 10 PIHP Board at their September meeting. Preliminary information is being presented so the SUD Board could review and have any questions addressed prior to contracts being finalized and presented in September.

D. FY18 Anticipation of LOA/Naloxone Allocations

Ms. Coleman reviewed the handout provided for Item 6.D. Reviewed first was the List of SUD LOAs anticipated amounts. She stated this is an initial list and that there may be additional LOAs that will be in place from additional funding. The flip side of the handout is the budgeted services for Naloxone through

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the SAPT Block Grant. An additional \$8,000 in funding came from the RFI which was added to St. Clair County Health Department for their Naloxone Program. Some funding listed is for multi-years; the remainder of FY17 and all of FY18. and that carry over is reflected in the allocation letter. Even though the RFI funding goes through FY18, they gave it all to the PIHP in FY17 knowing that it would not all be spent in FY17 and those funds that are not spent will carry forward into FY18.

7. PREVENTION UPDATE

A. Coaching for Success Training

The Region recently hosted two trainings through the Center for Applied Prevention Technologies (CAPT). The first training was on a Prevention Referral System. They walked through tools to help develop a prevention screening tool. Looking at identifying risk factors and then getting those individuals into services. The second training was around Sustainability and how we can keep our Prevention Programs up and running. Overall, they had a good turnout of attendees. Moving forward there will be a follow-up webinar and Ms. Stolicker and Ms. Coleman will work with the coalition on the development of the screening tool which will focus more on risk factors.

B. Media Campaign RFP

Ms. Coleman spoke on a couple of upcoming media campaigns she is currently working on. One is through RFI #1 that was submitted and will be an opioid media campaign. The goal is to develop and distribute an awareness campaign to highlight the dangers of misusing prescription opioids and how to best assist a person who shows signs of an overdose. The PIHP has received approximately \$50,000 from the RFI to use from now until the end of FY18 and will be working with a marketing firm. The State will also be running an awareness campaign, but no information has been provided yet. The PIHP would like to run the local campaign at the same time of the State's campaign. The other part of the media campaign will be focused on Women's Specialty Services programming to develop and distribute an awareness campaign to highlight the dangers of using opioids while pregnant and how to best assist pregnant women into SUD services. An RFP will follow and will be shared at a future meeting.

C. Preliminary SYNAR Results

SYNAR results are in. This year there were 32 checks required in the Region and Ms. Coleman was very happy to say there was only one sale. No checks were done in Sanilac County; eight (8) checks and no sales in Lapeer County, four (4) checks and no sales in St. Clair County; and twenty (20) checks with one (1) sale in Genesee County. As a state, if you score over 20% of vendors selling to minors you are in jeopardy of losing 40% of the block grant funding. Current SYNAR regulations say that checks must follow State law and the Youth Tobacco Act for Michigan is 18 and above. Discussion followed regarding whether vaping products will be included and Genesee County's passing of 21 and older and how this might affect future SYNAR checks. Ms. Coleman did note that on the State's website there is a training tool for vendors which includes new employee training and education.

8. TREATMENT UPDATE

The were no updates to report.

9. OTHER

A. Recovery Housing/Coaching

Ms. Haddon gave an update on the Recovery Housing situation that is going on in Port Huron. The Port Huron City Manager has reached out to several agencies including Region 10, SCCHD and SCCCMH.

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They were looking for feedback to assist in language for ordinances and standards for Recovery Housing. Vision Quest was the first Recovery Housing the city is addressing at length, but they do not offer any services and are not funded by Region 10. Ms. Haddon will continue to follow and update the Board. Mrs. Prowse stated that they gave the City Manager several recommendations, but this is more of a zoning and ordinance issue rather than a standards issue and basically put it back on the City of Port Huron. Discussion followed regarding issues arising from the cease and desist.

Recovery Coaching has developed a workgroup and the next meeting will be July 26, at Genesee Health Center at 9:00 am. Email invites will go out to providers providing recovery coaching. The goal is to educate the providers on Region 10's expectations and develop guidelines.

B. STR Opioid Grant RFI Proposals

i. Strengthening Families - Iowa Model

Ms. Stolicker spoke on the first proposal received from the State; RFI-State Targeted Response (STR) to Opioid Crisis - Strengthening Families-Iowa Model Initiative. Region 10 will be doing the shortened version that's seven (7) weeks. The dollar amounts listed in the budget were provided by the State and are split between FY17 and FY18. Region 10 Providers were asked to submit letters of interest and this program will focus on St. Clair and Genesee Counties. Feedback was received by Flint Odyssey House and IMPACT. The State would like the Program to begin in August, and the Region is still waiting on receipt of the Letter of Approval/Allocation Letter. Trainings will be sponsored by the State, but no information has been provided. Although the PIHP is not paying for the training, we are supporting the programs and the staff that will be providing the services to attend the training (travel or overnight expenses); this is a requirement of the funding that the Region will have to spend.

ii. Motivational Interviewing

Ms. Coleman spoke on the second proposal: Motivational Interviewing. This program will be for practitioners from MAT Programs and practitioners that might be working with an individual that has an opioid addiction who may not be in a MAT Program. With most of the provider network servicing someone with an opioid addiction, the goal is to train as many individuals that we can across the provider network. Amount funded was predetermined by the State. The State will sponsor the trainings and where needed the PIHP will contract with trainers to provide additional MI training. Funding will also cover travel and practitioner's time for attending.

iii. Project ASSERT

Ms. Haddon spoke on the third proposal: Project Assert. The goal of this initiative is to connect high-risk individuals to treatment and recovery services that they may have otherwise not sought services for. The PIHP will be collaborating with Lake Huron Medical Center in Port Huron with client referrals coming through the hospital's emergency department. The recovery coach will spend their time at the hospital during the most crucial hours the hospital is experiencing opioid overdoses and drug-related incidences. The recovery coach will make the initial contact with the ED patient, conduct a screening and brief intervention and links will be made to recovery and treatment services if needed. Funding includes transportation. This program is required by the State to be in place by the end of August. Discussion followed regarding the need and possible expansion of project.

iv. Enhancement of MAT

Ms. Haddon also spoke on the fourth proposal: Enhancement of MAT Services which is specific to transportation. In collaboration with Blue Water Area Transit and Sacred Heart, Region 10 is proposing

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to implement the *Blue Water Ride to Recovery Initiative*. The overall goal is to eliminate a major barrier to treatment by providing transportation for MAT clients to clinics for dosing. The bus could potentially hold up to 48 clients. Region 10 will also enhance services by supporting the training of MAT trained peer recovery coaches and increase the number of MAT trained peers in MAT facilities. Currently our provider network does not have a full roster of recovery staff that is MAT trained. Discussion followed.

C. SUD Conference

Mrs. Prowse informed the Board that this year's SUD Conference will be held on September 25 & 26 (Monday & Tuesday) in Lansing. If any Board members were interested in attending and were not being funded by another board or agency, Region 10 will again fund for them to go. She asked that they notify Ms. Kern of their interest to attend. Registration is required and information will be forwarded when it is received by Mrs. Prowse.

Ms. Haddon reminded the Board that the WSS Conference will be held on September 14th at the University of Michigan-Flint (Harding Mott University Center). It is open to WSS Providers and clients. Invites to follow.

Mr. Kenneth Briggs spoke regarding an event being presented by Meridian Health Services and sponsored by Region 10, *Building a Bridge*, on August 17th at First Presbyterian Church in Flint. A handout was provided. This will be an event where stakeholders with an interest in effective substance use and co-occurring disorder and treatment can collaborate. Registration is required. There is no charge for the training and professionals attending are eligible for Continuing Education Units. Speakers to include Lt. Governor Brian Calley and Region 10's CEO, Jim Johnson.

D. August Meeting

Mrs. Prowse stated that after meeting with her team, she does not anticipate having anything necessary to bring before the SUD Board for approval in August. She noted that September will have an extremely busy and packed agenda and will include contracts and budgets. She asked if the board would be in favor of the August being a tentative scheduled meeting. Follow up discussion ensued on possible items that may need to be addressed in August rather than added to the September meeting. The Board agreed to a tentative scheduled meeting for August.

Mr. Rieves stated that due to his recent health issues he is considering resigning from the SUD Oversight Policy Board. Discussion followed and the Board unanimously agreed that they were not in favor of his consideration and asked that he postpone any official resignation. Conversation regarding the Board's appreciation of his insight and their desire to have Mr. Rieves continue as a board member ensued.

10.ADJOURNMENT

It was moved by Ms. O'Brien, supported by Mr. Anglebrandt to adjourn the meeting. Passed by voice vote. Meeting adjourned at 5:10 p.m.

Respectfully submitted,

Lydia Kern Recording Secretary